

# Els Staal

- Licensed Art Therapist in Fine Arts
- Systemic Family Therapist
- Artist



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## Professional experience:

- Independent therapist: art therapist since 2005, systemic family therapist since 2016, Paris.
- Art therapist at the Jenny Aubry ITEP-SESSAD, with children and adolescents presenting serious behaviour issues, Paris (since 2014, part-time position).
- Art therapist, "New Chance" programme, bringing adolescents back into school, Bobigny (since 2021).
- Art therapist for adults and seniors at the IERFAS association, Paris (2009-2013).
- Workshop for teachers, Mamans-poule Kindergarden: a team cohesion module, Montreuil (2010).
- Introduction to art therapy for other health care professionals, DIAMORPHOSE, Paris (2010).
- Art therapy workshops, reintegration of unemployed executives, Réunion, Espace 3A, Paris (2009-2010).
- Art therapist at the CapSAAA association, sessions with children, adults and families, Paris (2005-2009).

## Teaching experience:

- Teacher, "Introduction of Systemic Approach and Fine Arts Techniques", IRFAT, Avignon (may 2019).
- Teacher, "Child Protection in France", at the International Summer School, EPSS (2016, 2018).
- Teacher, advanced cycle, the "Space as a Therapeutic Tool" module, INECAT (2009-2019).

## Memberships:

- Board member of the FFAT, the French Federation of Art Therapists (2006-2010), Committee member, accreditation of members and schools, creation of the FFAT site, Co-organizer, conference on international art therapy requirements, recognition and status.
- Member of the professional SPRINT, SFAT, SFTF and ACCADI organizations.

## Other professional experience:

- Designer, interior architect and exhibition designer, Amsterdam, New York, Paris (1982-2014).
- Visual artist: installations, body objects, sculptures and work on paper (since 1997): Solo exhibitions in Amsterdam and Paris (Galerie Archang); group exhibitions at Galerie JaJa, Het Fijnhout, WG Kunst, Amsterdam, and Galerie Jeanet Willems, Velp (NL).

## Degrees, continuing education:

- Family Therapy and Systemic Approaches, PARIS 8 University, Masters programme (DFSSU 2016).
- ART THERAPIST IN FINE ARTS, diploma, INECAT (l'Institut National d'Expression, de Création, d'Art et de Thérapie), Paris, part-time programme (1997-2004).
- MASTER OF SCIENCE IN INTERIOR ARCHITECTURE, Pratt Institute, New York, USA (1988-1991).
- PRODUCT DESIGN, BA, Department of Industrial Design, Arnhem Art Academy (Netherlands, 1977-1982).
- EPE, "How to accompany Families and Couples" (2019) ; "Adolescent's Absence of Desire" (2020).
- Maurizio Andolfi, European Days of Clinical Work with Families (2016, 2019).
- Carole Gammer - AFTP, Systemic Therapy approach: "Mentalization and couples" (2017).
- Centre Monceau, Familia, Systemic Approach and Family Therapy, Advanced Cycle (2016).
- SFTF, Conferences cycles at the French Society of Family Therapists (since 2016).

## Languages:

- Fully fluent and working in English, French and Dutch (native speaker).
- Semi-fluent in German and Italian.