

## Els Staal

- Accredited Art Therapist
- Systemic Family Therapist



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### Professional experience:

- Independent therapist: art therapist since 2005, systemic family therapist since 2016, Paris.
- Art therapist at the Jenny Aubry ITEP-SESSAD, with children and adolescents presenting serious behaviour issues, Paris (since 2014, part-time position).
- Art therapist for adults and seniors at the IERFAS association, Paris (2009-2013).
- Workshop for teachers, Mamans-poule Kindergarden: a team cohesion module, Montreuil (2010).
- Introduction to art therapy for other health care professionals, DIAMORPHOSE, Paris (2010).
- Art therapy workshop, reintegration of unemployed executives, Réunion, Espace 3A, Paris (2009-2010).
- Art therapist at the CapSAAA association, sessions with children, adults and families, Paris, (2005-2009).
- Art therapist: individual and group sessions for children with learning difficulties, ages 6-11, at Spectrum, a specialized elementary school, Amsterdam (Netherlands, 2001).
- Art therapy internships with adults and adolescents, Duin en Bos Centre, Hoorn, the Netherlands (2001), and with adults with psychoses, Psychiatric Day Care Hospital Henri Duchène, Paris (1998-2000).

### Teaching experience:

- Teacher, Systemic Art Therapy, INECAT, Paris (october 2018).
- Teacher, Child Protection in France, at the International Summer School, EPSS (2016, 2018).
- Teacher, in the "Creation, a Transformation Process" year with the "Space as a Therapeutic Tool" module, INECAT (since 2009).
- Board member, jury member and visiting lecturer, INECAT (2007, 2011, 2012).

### Board member:

- Board member of the FFAT, la Fédération Française des Art-Thérapeutes (2006-2010), Committee member, accreditation of members and schools, creation of the FFAT site, Co-organizer, conference on international art therapy requirements, recognition and status.

### Other professional experience:

- Visual artist: installations, body objects, sculptures and work on paper (since 1997): Solo exhibitions in Amsterdam and Paris (Galerie Archang); group exhibitions at Galerie JaJa, Het Fijnhout, WG Kunst, Amsterdam, and Galerie Jeanet Willems, Velp (NL).
- Designer, interior architect and exhibition designer, Amsterdam, New York, Paris (1982-2014).

### Degrees, continuing education:

- Carole Gammer - AFTP, Systemic Therapy approach: "Mentalization and couples" (2017).
- Centre Monceau, Familia, Systemic Approach and Family Therapy, Second Cycle (2016).
- SFTF, "Un air de familles", conferences at the Société Française de Thérapie Familiale (since 2016).
- Family Therapy and Systemic Approaches, PARIS 8 University, part-time programme (DFSSU 2016).
- ART THERAPIST IN FINE ARTS, diploma, INECAT (l'Institut National d'Expression, de Création, d'Art et de Thérapie), Paris, part-time programme (1997-2004).
- MASTER OF SCIENCE IN INTERIOR ARCHITECTURE, Pratt Institute, New York, USA (1988-1991).
- PRODUCT DESIGN, BA, Department of Industrial Design, Arnhem Art Academy (Netherlands, 1977-1982).

### Languages:

- Fully fluent and working in English, French and Dutch (native speaker).
- Semi-fluent in German and Italian.